

# Grocery Checklist

✓	- VEGGIES-	✓	- PRODUCE-	✓	- FROZEN -	✓	- MEAT
	tomatoes		bananas		mixed veggies		chicken
	carrots		apples		pizza		turkey
	cucumbers		grapes		ice cream		beef
	green beans		berries		lasagna		pork
	lettuce		pears				fish
	broccoli		lemons				sausage
	peppers			✓	- BAKING -		
	corn				flour		
	mushrooms				sugar	✓	- CONDIMENTS -
	onions				brown sugar		ketchup
	squash	✓	- DELI -		baking powder		mayonase
	spinach		meat		shortening		pickles
			cheese		powdered sugar		mustard
			hummus				
			dips				
				✓	- SNACKS -	✓	- DRY FOOD -
✓	- BAKERY -				nuts		tea
	bread	✓	- DAIRY -		crackers		coffee
	bagels		milk		raisins		oatmeal
	buns		cheese		cookies		granola
	tortillas		eggs		popcorn		rice
	cookies		butter				pasta
			yogurt				